



## CARE PACKAGES TO THE SOLDIERS

Here is an updated list of items that can be sent to the Soldiers:

Crackers  
Pringles  
Beef Jerky  
Sunflower Seeds  
Baby Wipes  
Sunscreen  
Talcum Powder  
DVD Movies  
Phone Cards  
Games – Batteries  
Memory Cards  
Ground Coffee  
Single Drink Mixes

Magazines  
Books  
Hand Warmers  
Foot Warmers  
Tooth Brushes  
Body Wash  
Body Spray  
Deck of Cards  
Comic Books  
Travel Size Games – Chess/Checkers  
Memory Sticks  
Caffienated Tea



**\*\*\*\*Please no aerosol products or anything that could melt\*\*\*\***

Also, be sure to check the labels before purchasing to be sure items do not contain alcohol.  
Per the post office, these items cannot be sent: shaving lotion, hand sanitizers, perfumes, mouthwash and no aerosol products.

You can also check out the following website for additional items needed:

[http://www.soldiersfamily.com/care\\_package\\_ideas.html](http://www.soldiersfamily.com/care_package_ideas.html)

For shipping information or other questions, please contact Lion Anna  
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